



Trauma and Resilience

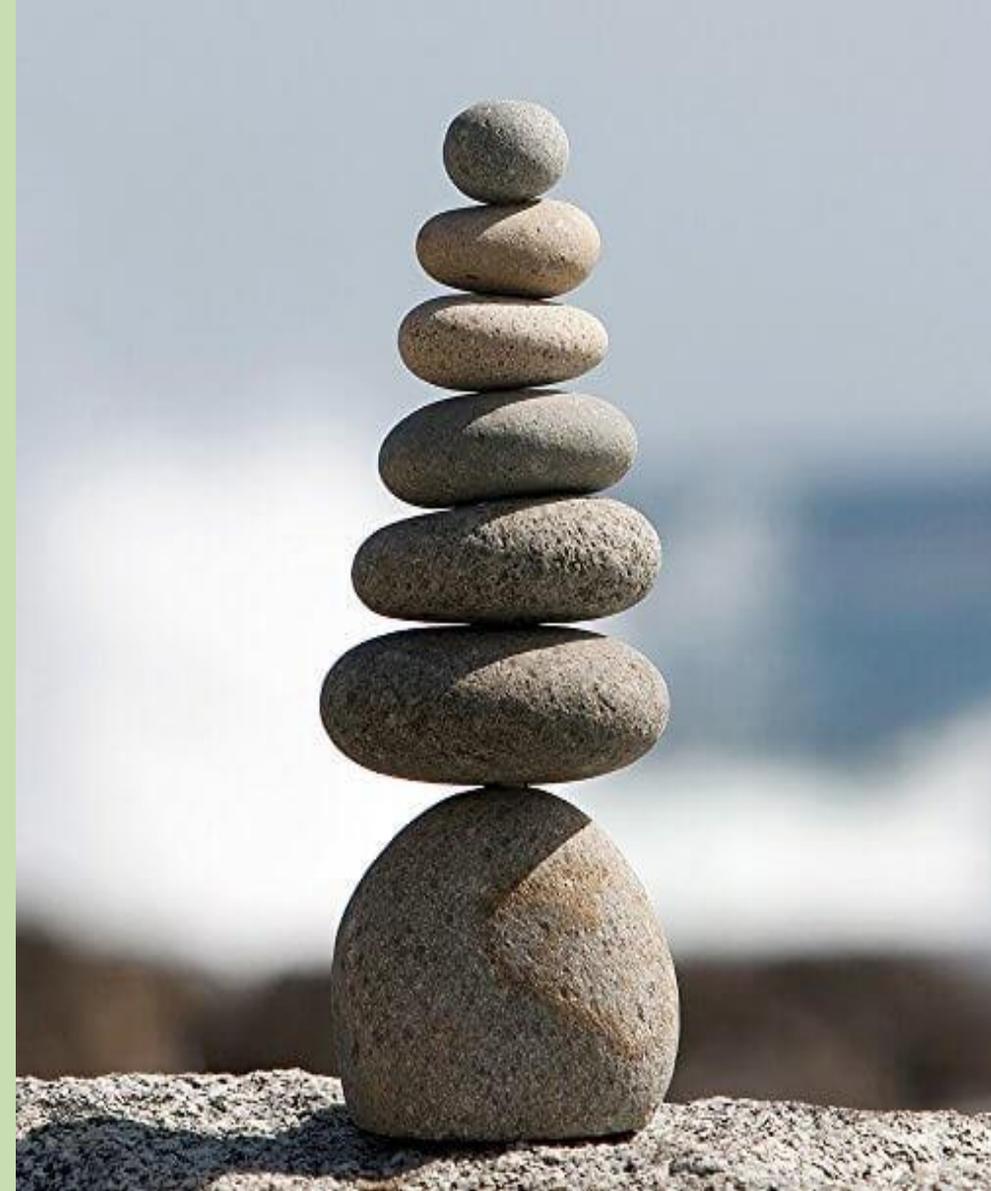
AHS Report from
Director of Trauma Prevention and Resilience Development

10.24.2019

What is a Trauma-Informed AHS?

We recognize that:

- **Everyone** may have experienced trauma.
- It is possible to **traumatize or re-traumatize** individuals through insensitive systems or interactions.
- Trauma-informed services are essential for people **to successfully access and benefit** from AHS services and supports.
- For **AHS staff** to provide effective services, we also need to be supported by a trauma-informed workplace.





Accomplishments

- AHS Policy Screening
- Interdepartmental Trauma and Resilience Team
- Trauma and Resilience resources
- Economic Services Division -All Staff Trauma and Resilience Conference
- Reach UP TA project on Trauma Informed Services and Toolkit
- Introduction to Trauma and Resilience Training



Trauma and Resilience Training

Supports shared understanding trauma, it's effects, and paths to prevention.

Includes neurobiology and protective factors

For people we serve and for people who work at AHS



Ongoing and Looking Forward

- Pediatric screening guidance for trauma
- Suicide prevention – youth
- Working with Agency of Education via Building Bright Futures and State Interagency Team
- Monitoring CHINS reform
- Building peer support within AHS
- Inventory – resilience building across the state (within AHS and with partners)