

Helping Vermont Youth PROSPER

Prosper is prevention.

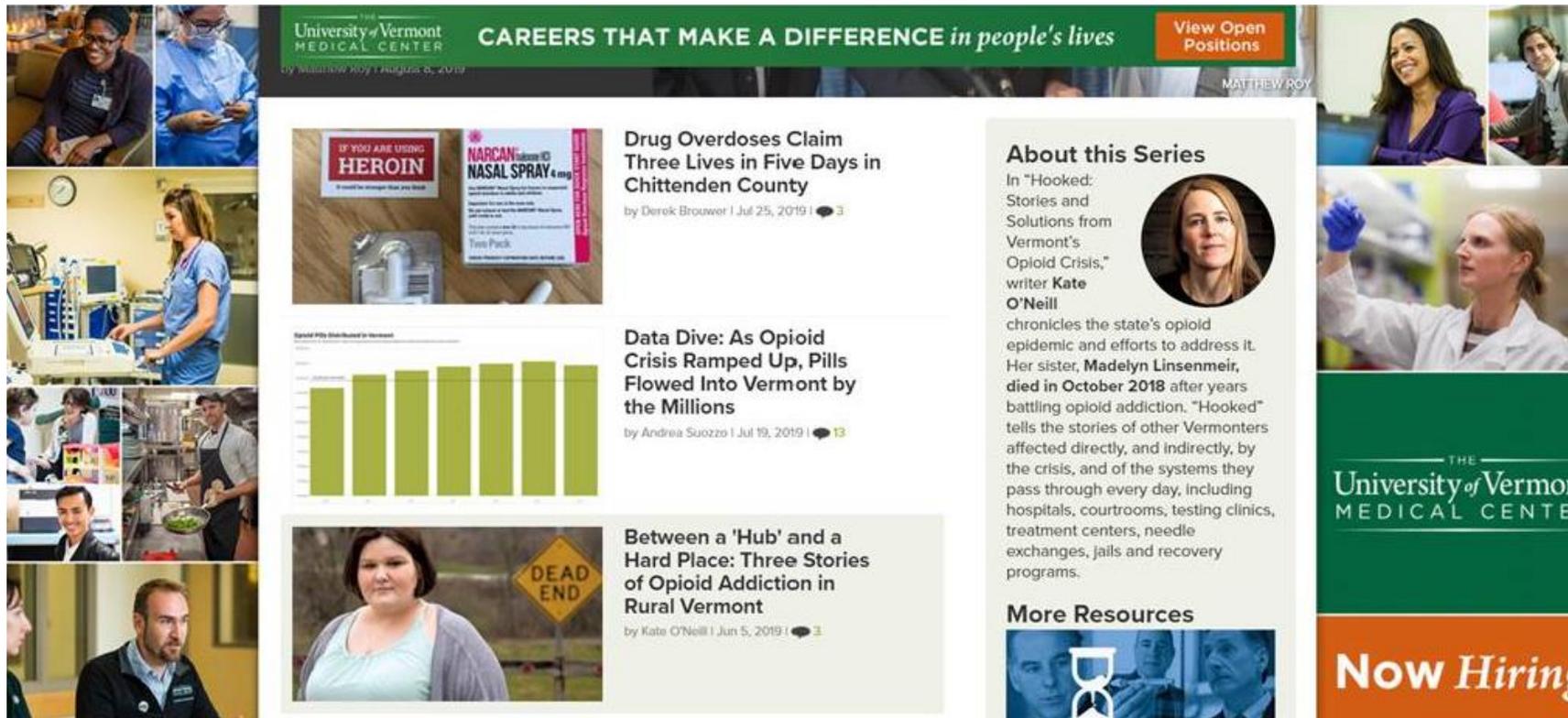


PROSPER (PROmoting School-community-university Partnership to Enhance Resilience) is an **evidence based delivery system** for supporting sustained, community-based implementation of scientifically-proven programs for youth and their families.

PROSPER promotes resiliency, smart decision making, and strengthening families to help prevent addiction before it happens.



Vermont's Opioid Crisis, Always in the news



University of Vermont MEDICAL CENTER CAREERS THAT MAKE A DIFFERENCE *in people's lives* [View Open Positions](#)

by Matthew Roy | August 8, 2019

MATTHEW ROY

Drug Overdoses Claim Three Lives in Five Days in Chittenden County

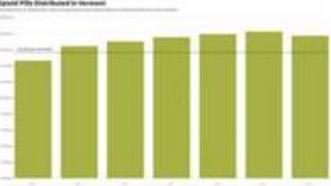
by Derek Brouwer | Jul 25, 2019 | 3



IF YOU ARE USING HEROIN
NARCAN Nasal Spray 4mg

Data Dive: As Opioid Crisis Ramped Up, Pills Flowed Into Vermont by the Millions

by Andrea Suozzo | Jul 19, 2019 | 13



Year	Number of Pills Distributed
2012	~100,000,000
2013	~150,000,000
2014	~200,000,000
2015	~250,000,000
2016	~300,000,000
2017	~350,000,000
2018	~400,000,000

About this Series

In "Hooked: Stories and Solutions from Vermont's Opioid Crisis," writer **Kate O'Neill** chronicles the state's opioid epidemic and efforts to address it. Her sister, **Madelyn Linsenmeir**, died in **October 2018** after years battling opioid addiction. "Hooked" tells the stories of other Vermonters affected directly, and indirectly, by the crisis, and of the systems they pass through every day, including hospitals, courtrooms, testing clinics, treatment centers, needle exchanges, jails and recovery programs.

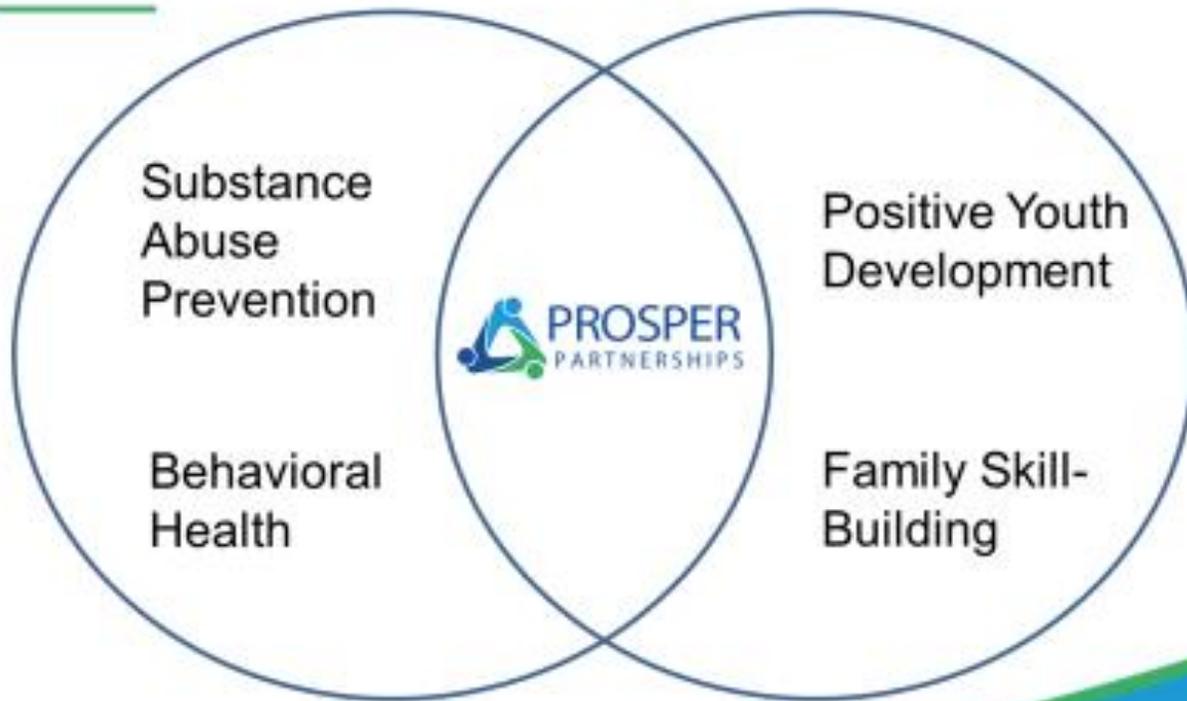
More Resources



Now Hiring

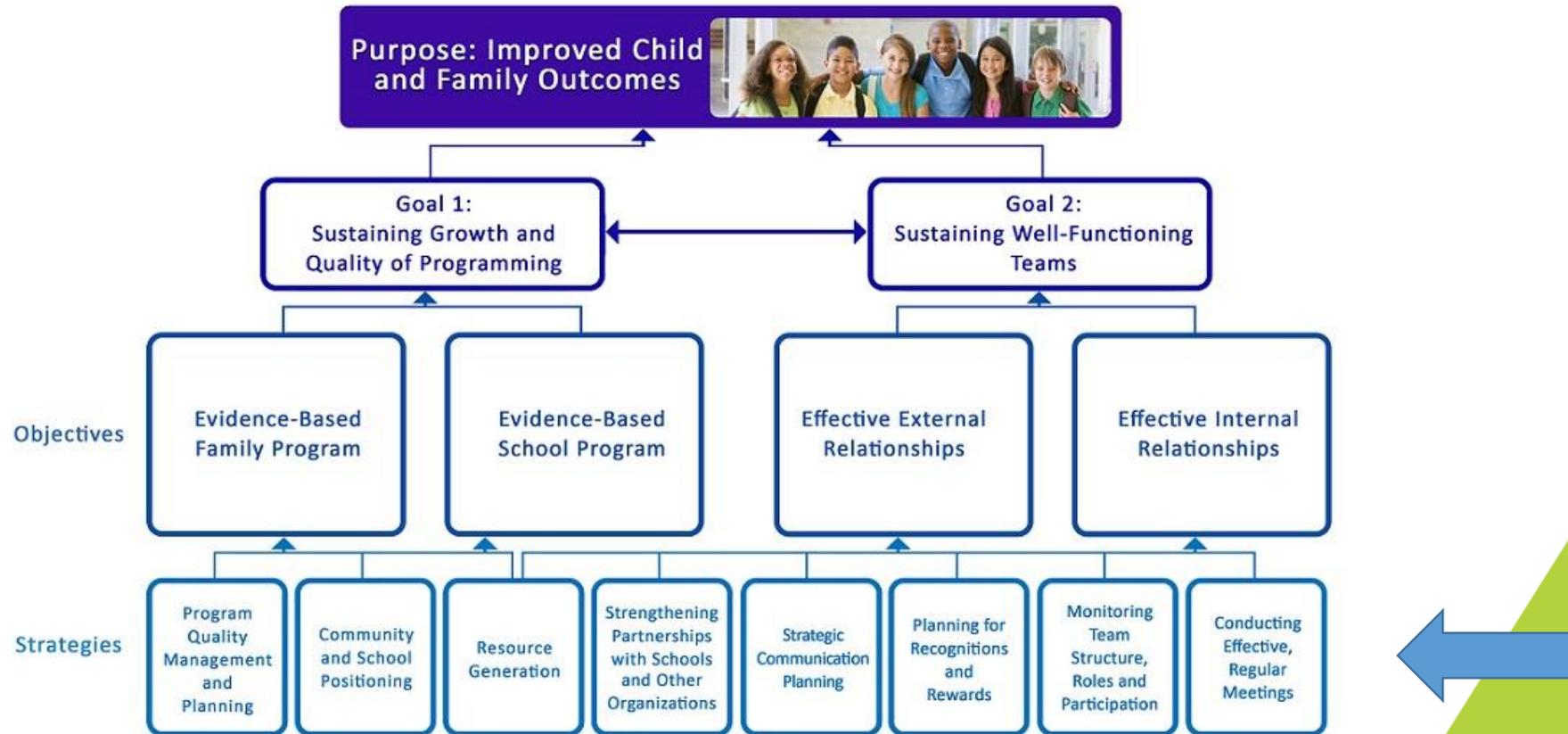
THE UNIVERSITY OF VERMONT MEDICAL CENTER

Connecting traditional Extension programming with substance misuse prevention, promoting behavioral health



PROmoting School-community-university Partnerships to Enhance Resilience

an evidence based partnership model



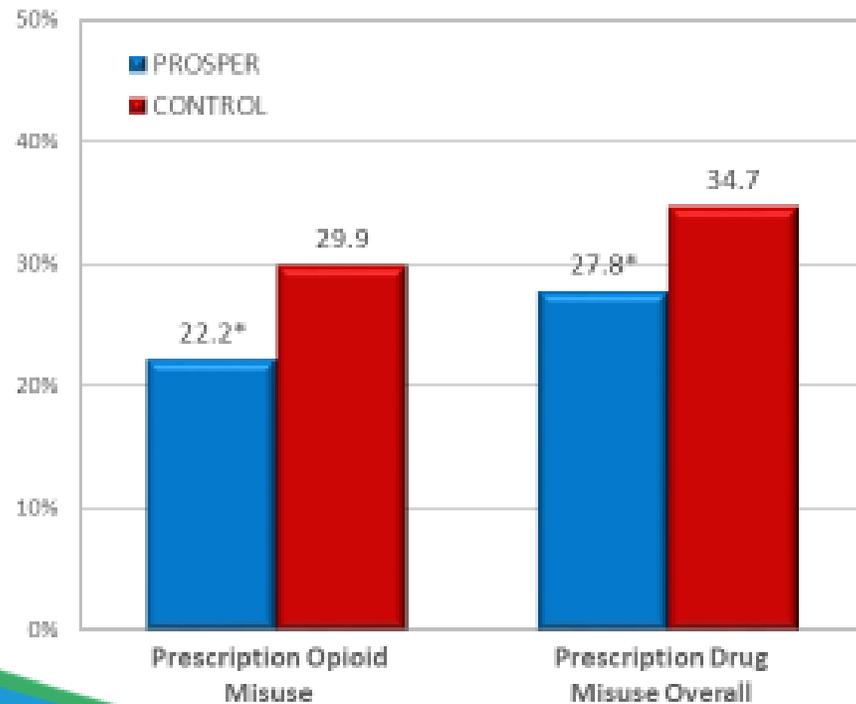
PROSPER works to produce positive youth outcomes

Research has shown that youth were:

- Better at problem solving
- Less likely to hang out with classmates that get into trouble
- More likely to refuse offers of alcohol and other drugs
- Less likely to believe that substance use has positive effects
- More likely to delay initiation of substance use, or to use less frequently
- Less likely to engage in problem behaviors like conduct problems



PROSPER Prescription Drug Misuse Outcomes During Young Adulthood



- PROSPER vs. Control differences are statistically and practically significant.
- For every 100 young adult misusers in non-PROSPER communities, there would be about 20-26 fewer in PROSPER communities.

Note: * $p < .05$, RRRs=20-26%. Source: Spoth, Redmond, Shin, Greenberg, Feinberg, & Trudeau (2017).



Since 2012.....

Reach - over 1,200 5th, 6th, 7th graders and families



In each delivery of PROSPER's family program, 100% of parents and children have reported positive behavior change. Parents report being more prepared to talk to children about resisting peer pressure and are better able to see things from their child's point of view. And children report knowing at least one step they can take to reach a goal, an important resiliency-building skill.



PROSPER communities report a \$9.60 return on every \$1 invested.

For every 100 youth in a PROSPER community, 21 are less likely to misuse opioids.

