

Mental Health Pilot



- Full-time Howard Center clinician embedded in SASH Team
- Underway at 2 Cathedral Square sites in Burlington
- Aimed at improving emotional well-being of individuals and groups
- Natural extension of SASH services
- Goals: Improved access to mental-health services, reduction in avoidable ER visits, better patient experience, enhanced inter-agency coordination



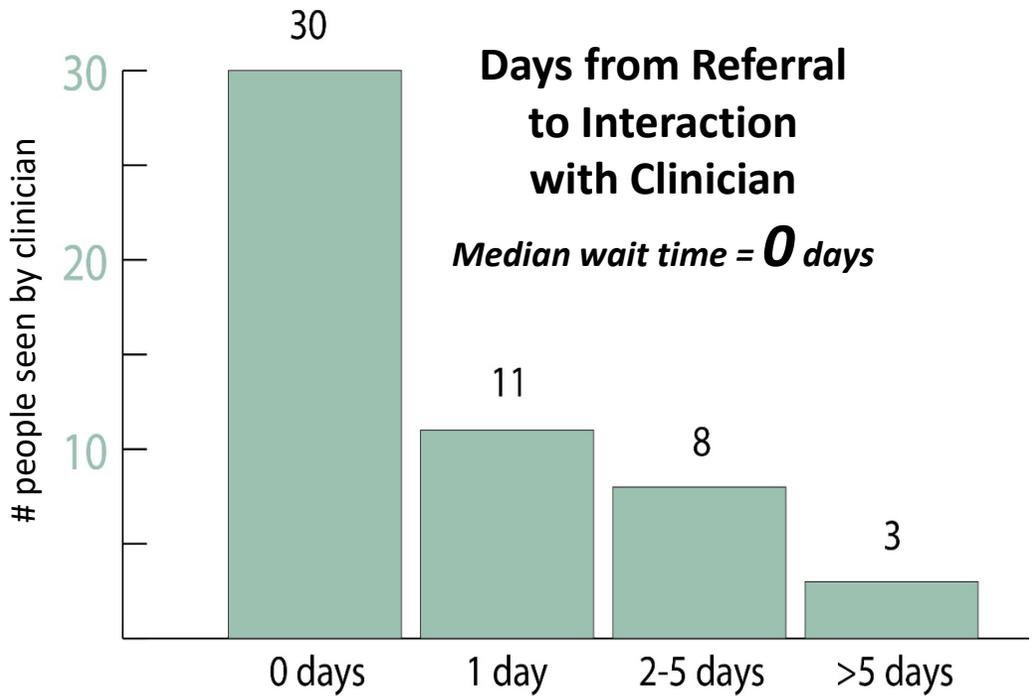
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Mental Health Pilot

November 1, 2017 – December 31, 2018



- Greatly improved access to mental-health services: **80% of those referred were seen either the same day or the next day**
- Clinician had **2,059 unique encounters** with participants at both sites. This includes individual visits, consults with staff, group programs, educational activities, social-wellness visits and care-coordination contacts
- **87.5%** agreed or strongly agreed that they had **learned new skills** from a group program
- 79% agreed or strongly agreed that there is **less stigma with seeking mental health support.**
- **100%** agreed or strongly agreed that they had **learned about a new mental-health resource** through a group program.
- 100% agreed or strongly agreed that they **will be able to apply what they learned** in the group.



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