

## Information on Group Therapy Costs

E-mail from Julie Tessler, sent Jan. 12, 2016.

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- The cost for a GROUP THERAPY session, which includes 2 clinician's direct time, preparation, documentation and supervision, is \$182.83 for a 90 minute session.
- Rates effective 1/1/16 pay for a group session at \$20.50 per Medicaid participant. This rate, however, is paid at 76% for MA counselors, LCMHC, LSW, and LMFT. The paid rate is therefore \$15.58
- Reimbursement at the discounted rate for a therapy which has 4-6 participants would then range from \$62.32 to \$93.48. (8, would be \$124.64).
- Given the provider discount, the base rate would need to be \$60 per session to cover a 4 person group.

Here is some data on group therapy rates that you might find helpful. Please note that prior to July 1 DAs receive 60 \$/session per person for DVHA Medicaid. Beginning July 1 2015 we began to receive \$40 per session and as of January 1, 2016 the rate for us is 15.58\$/session.

Julie Tessler  
Sent from Surface