



Winooski School-Based Health Center

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Background

The Winooski School District serves approximately 727 elementary through high school students, who speak 18 languages, and 98% of whom qualify for Free and Reduced Lunch. Although most students have a primary care provider (PCP), families face multiple barriers to accessing care. The idea of opening a part-time SBHC was conceived to address these barriers, modeled after similar nearby SBHCs.

Benefits of SBHCs

- Keep students healthy and **improve health outcomes**, improve access to and utilization of needed services
- Promote **health-equity** in a cost-effective way
- Increase educational time and improve **academic achievement**
- Support **families**
- Collaborate with the medical home and serve as a **safety net**



WINOOSKI SCHOOLS
SCHOOL-BASED HEALTH CENTER

Mission Statement

The mission of the Winooski SBHC is to **increase access** to quality physical and mental healthcare services for Winooski students, **reduce healthcare disparities**, and keep students **safe, healthy, and well** within their families and community.



WSD SBHC Creation Timeline



October 2016:
Presentation to
Superintendent





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Presentation to
Superintendent



Multidisciplinary
planning team





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Engagement of
community
stakeholders





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Buy in from
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Grant funding

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Grant funding



October 2017



Scope of Services

- Anyone with parental permission; parental presence not required

Services offered:

- Acute visits
- Follow up visits of acute complaints
- Other: care conferences, medication checks for physician's own patients, phone consultations
- Services at request of PCP (ex: BP checks)
- Rapid strep, urinalysis, urine culture, urine pregnancy test
- Ordering of medications, labs, and imaging as in usual clinic
- Referrals to PCP and specialty care if needed
- 2020-2021: Flu vaccines approx 100 students

Services not offered:

- Well visits
- Management of chronic issues if not own patient



Coordination of Care

- Medical Provider:
 - After-visit communication with parents
- Nurse Coordinator:
 - Visit note faxed to PCP
 - After-visit verbal communication with PCP office, ensuring up-to-date well care, or assistance in scheduling well visit



Measures

Number of Students Seen

2017-2018

37 clinic days

149 visits

110 unique students

Average 4 students/day (2-6)

2018-2019

56 clinic days

348 visits

225 unique students

Average 6 students/day (2-15)

Types of visits

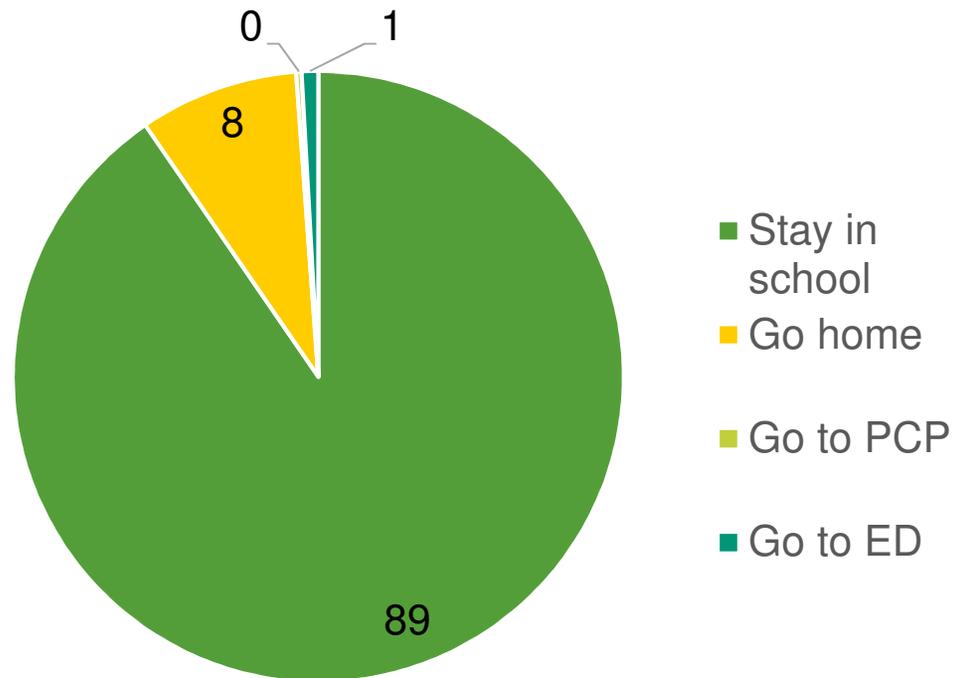
- **2017-2018: 70% scheduled, the rest are walk-ins**
 - None turned away due to lack of time
- **2018-2019: 94% scheduled, the rest are walk-ins**
 - Of those scheduled, 5% (18 students) turned away due to lack of time

What happens at visit?

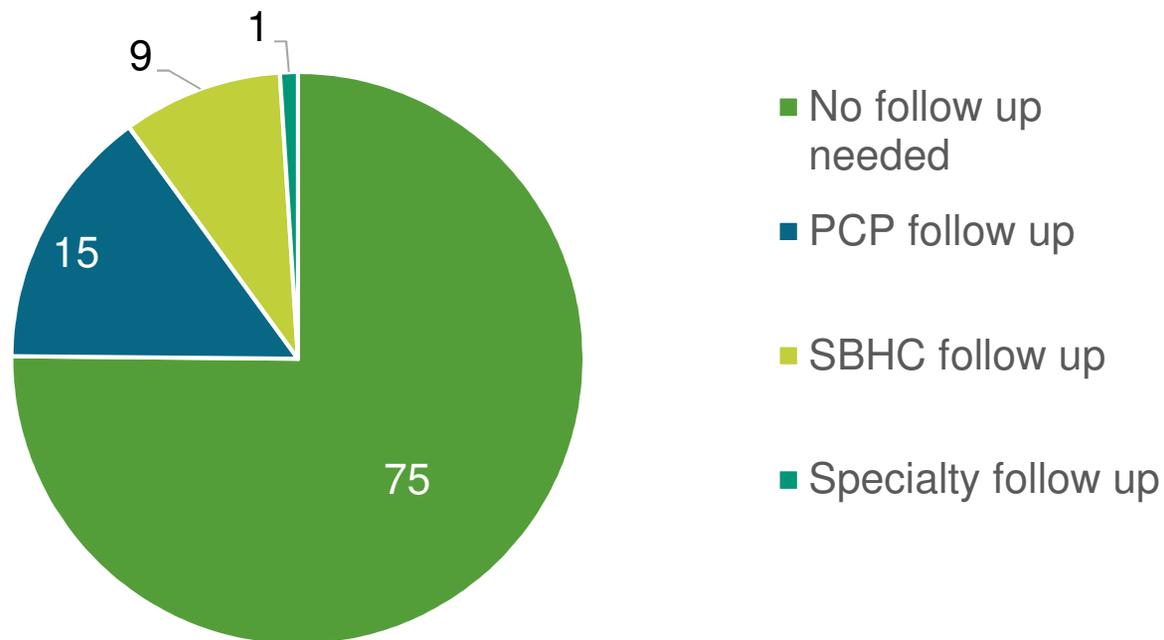
| | 2017-2018 | 2018-2019 |
|---|-----------|-----------|
|  | 42% | 29% |
|  | 3% | 3% |
|  | 8% | 19% |

Student Disposition after SBHC Visit

Percentage, 2018-2019



Among students who stay at school, type of follow up 2018-2019



33 overdue well-child checks identified
22 of them scheduled with PCP by Nurse Coordinator

A note about funding



- Space donated by Winooski School District
- Provider time allotted by UVMMC and CHCB, providers bill for services
- Routine supplies provided by U Peds and CHCB
- Start up costs, nurse coordinator time, and community advisory council funded by 3 grants:
 - CMN
 - UVMMC Community Health Investment Fund
 - AAP CATCH Grant



Summary

Now in its 4th year:

- Financially viable without further grants
- Data continues to demonstrate ongoing need for SBHC
- Ongoing assessment of increasing SBHC days/hours



We hope this work inspires the House Education Committee as they consider bill H.106



Questions