

SASH Panel Overview



♥ **Parker House,
Linden Terrace,
Community Panel**

SASH Partners

Rutland Area VNA and Hospice

Southwestern Vermont Council on Aging

Rutland Mental Health

Rutland Regional Medical Center CHT

Panel Age

3 Years

Panel Size

104
Participants

Including
47%

Community Participants

Sharene Covell, SASH Coordinator

Rutland Housing Authority
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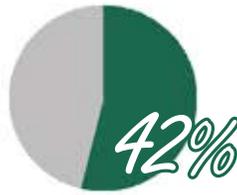
Carol Keefe, SASH Program Manager

Rutland Housing Authority
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Patti Kent, SASH Wellness Nurse

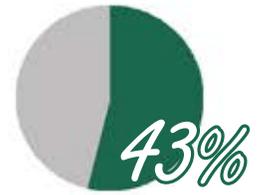
VNA & Hospice of Rutland County
patti.kent@aol.com

Proactive Measures



Participants with hypertension

Activities offered: Bocce, MOVE for Well-Being, Bone Builders, BP CLINICS, SASH Nurse talks



Participants with arthritis

Activities offered: Seated Yoga, Bone Builders, Move For Well-Being, Bocce

Services & Activities

Foot Clinics, Seated yoga, Blood pressure clinics every other wednesday with SASH Nurse, Move for Well Being, Senior Farm Share, State Commodities, BROCC, Marty Irons (Beauchamp and O'Rourke Pharmacy) Med Adherence GTHU, Brown Bag Lunch with SASH Coordinator, Bone Builders, File of Life, Dinner three times a week, Grocery Bus once a week, Castleton Nursing Intern



Accomplishments

SASH Participants
go to programs
at different sites

Growth and success
of the "MOVE for
Well-Being" program



Community Connections

At Home Senior Care

Bayada Home Health & Hospice

Vermont Psychiatric Survivors

The Pines, Genesis, Rutland Health
and Rehabilitation

CHCRR of Rutland

Interage

BROC

Greg Cox Boardman Hill Farms

The Bus

Bridges and Beyond volunteer
program thru RRMC

One to One

Godnick Center

Success Story

Parker House, Linden Terrace & community Panel, Rutland

82 year old female participant called the office stating she thought she was having a stroke. SASH Wellness RN went directly to the participant's apartment. A quick evaluation revealed that she was having a stroke and possible cardiac issues. SASH Wellness RN pushed the participant's life line button and asked EMTs for transport to RRMC for further evaluation. SASH Wellness RN stayed with the participant until the ambulance arrived to keep her calm as she was scared and crying. Participant told SASH Wellness RN that she has had multiple deaths in her family over the holidays and is very emotional about this.

Report from RRMC indicated she had a stroke and mild heart attack and suggested Rehab. At first participant didn't want to go, but her daughters encouraged her. She went to rehab for a short stay. SASH Coordinator continued to check in on patient when she was at the SNF for rehab. They used her transition plan for a smooth return home. When the participant came home she had services follow her, and SASH Wellness RN, SASH Coordinator and Resident Services Coordinator continue to check on her to make sure she was doing okay. She remains independent in her home and continues to do well.