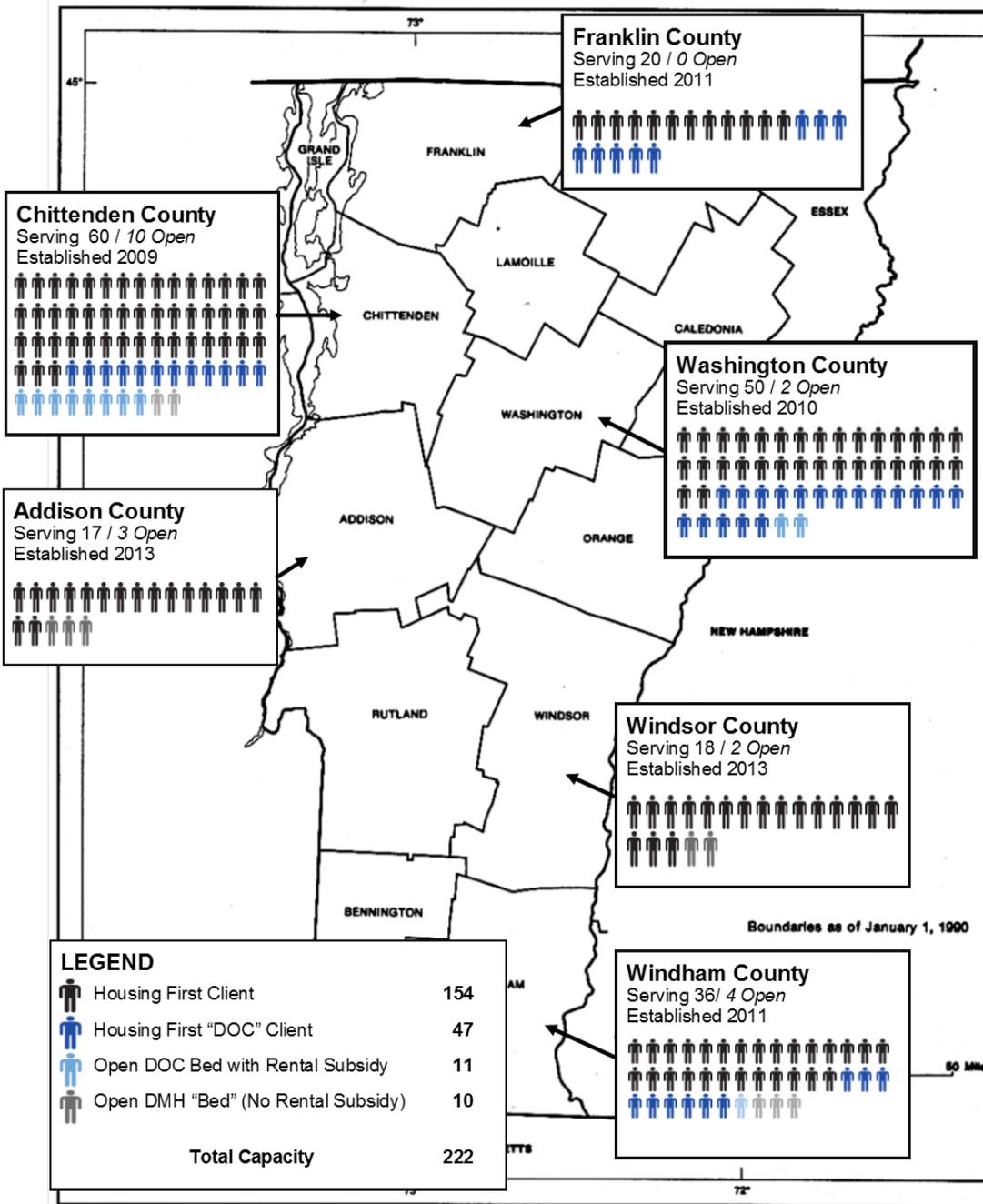


# Housing First Program

is an **evidence-based practice** which provides **housing** and intensive support **services** to Vermonters struggling with **chronic homelessness, poverty, substance abuse, criminal justice** issues, as well as serious physical and mental health challenges.

Pathways' Housing First program is currently serving 201 people and has capacity to serve 222.



# Pathways' Housing First Program Funding

Grant	Funding	Status
Federal SAMHSA Grant (FY 15 1 <sup>st</sup> quarter)	\$200,000	Funding ended September 30, 2014
Vermont Department of Mental Health (9 months)	\$611,920	FY 15 Budget Adjustment request
Vermont Department of Mental Health	\$555,000	Ongoing base funding
Vermont Department of Corrections (includes \$330,000 for rental subsidies)	\$830,000	Ongoing base funding
<b>TOTAL</b>	<b>\$2,196,920</b>	

# Pathways' Housing First Program Staffing

## Franklin/Grand Isle

- 1 Service Coordinator
- .5 Substance Abuse Specialist

## Chittenden

- 3.5 Service Coordinators
- .3 Substance Abuse Specialist

## Regional Service Specialists

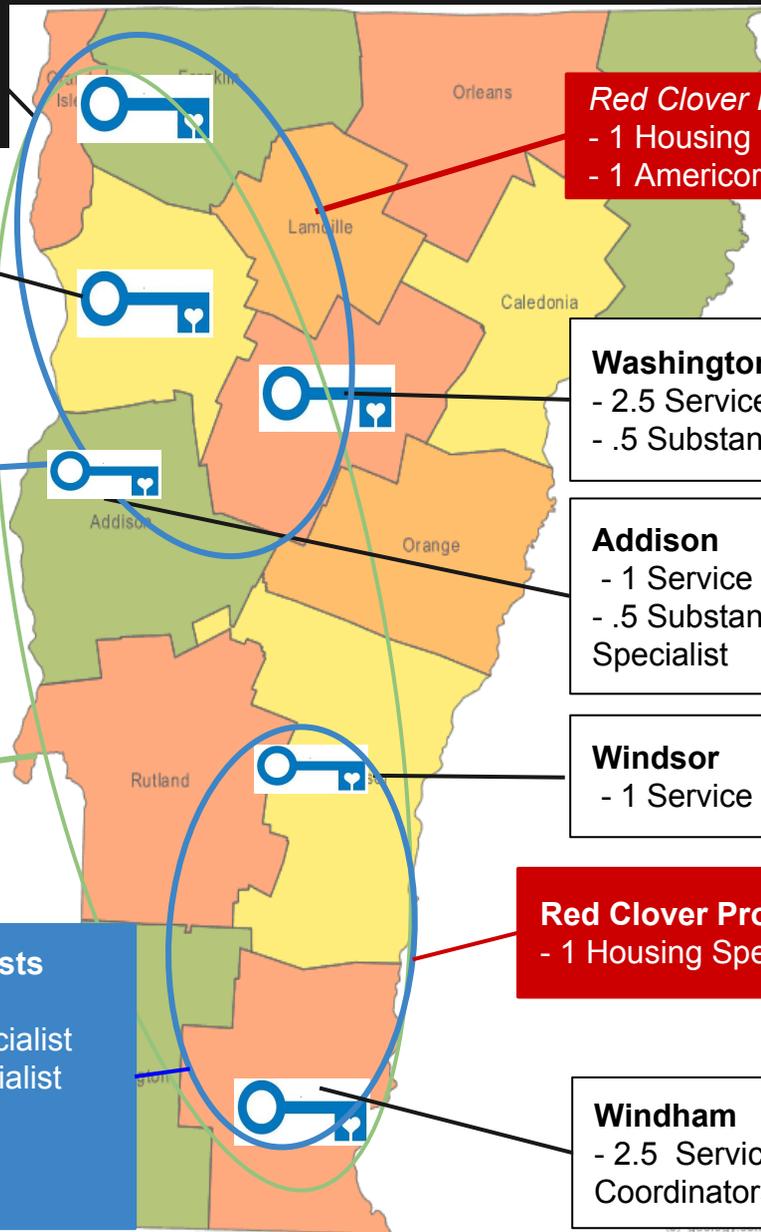
- 2 Team Leaders
- 1 Supportive Employment Specialist
- 1.5 Computer Literacy Specialist
- .5 Nurse
- .3 Psychiatrist

## Statewide

- Medical Director
- Project Manager
- Intake Coordinator
- Housing Director
- Administrative Staff

## Regional Service Specialists

- 1 Team Leader
- .5 Computer Literacy Specialist
- .5 Substance Abuse Specialist
- .5 Peer Specialist
- .3 Nurse
- 1 Psychiatrist



## Red Clover Properties

- 1 Housing Specialist
- 1 Americorps Vista

## Washington

- 2.5 Service Coordinators
- .5 Substance Abuse Specialist

## Addison

- 1 Service Coordinator
- .5 Substance Abuse Specialist

## Windsor

- 1 Service Coordinator

## Red Clover Properties

- 1 Housing Specialist

## Windham

- 2.5 Service Coordinators



= Red Clover Properties (Housing Team)



= Pathways Office

# *Pathways' Housing First* Program Outcomes

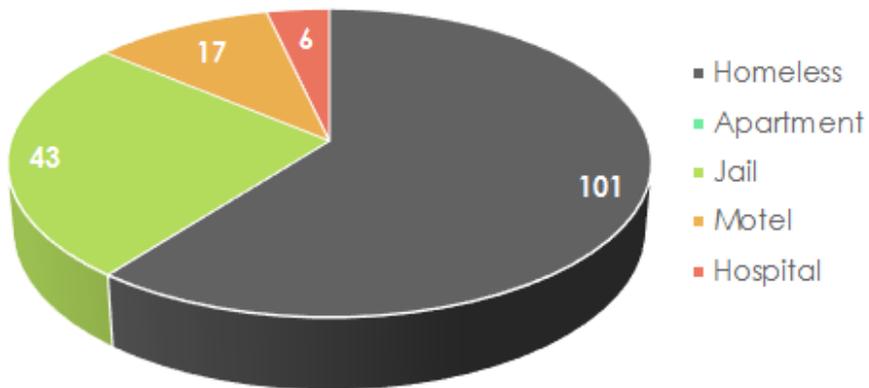
## **Ending Homelessness:**

- 165 individuals experiencing chronic homelessness stably housed
- 92 individuals successfully transitioned from institutions
- 85% retention in housing
- 80,000+ nights in apartments diverted from shelters, prisons, on the streets or state-funded hotels
- Partnering with 110+ community landlords

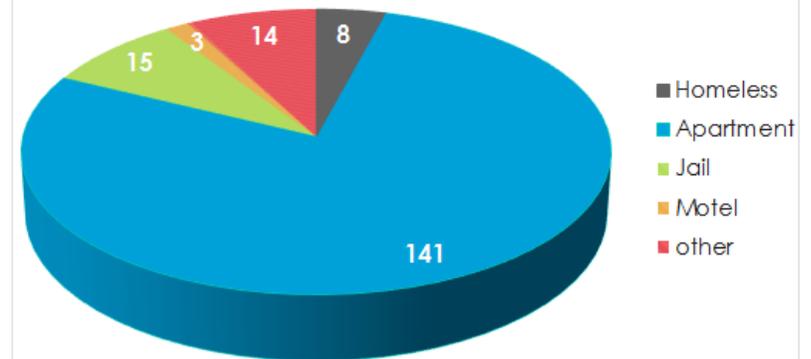
“They have HELPED our state immensely with their programs and have saved my life, directly, when no other services could provide me with the support I needed.”

*“Phae”, Bellows Falls  
Housed 17 Months*

# Reduction in Homelessness & Institutionalization



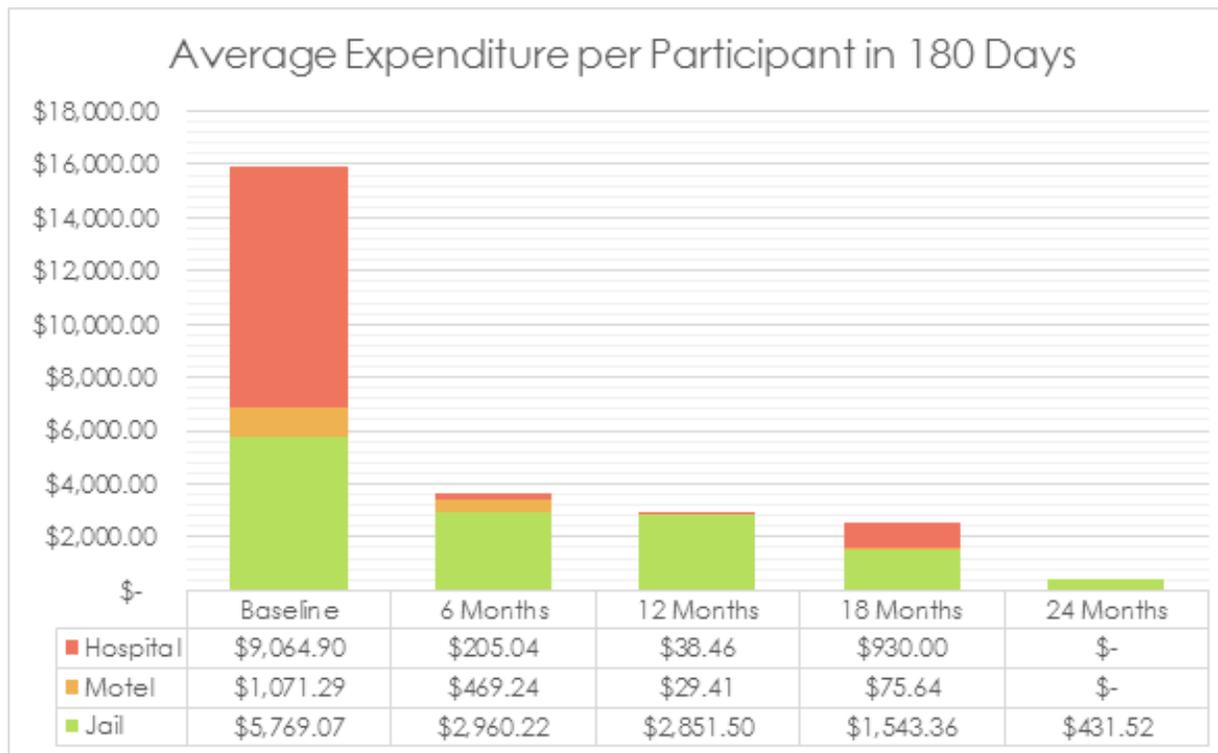
Average Nights Spent in Different Locations Before Housing First (180 Days)



Average Nights Spent in Different Locations Post Housing First (180 Days)

In addition to a reduction in average nights spent homeless, Housing First reduces average nights spent in other settings (such as psychiatric hospitals, correctional facilities and state-funded motels) meaning retention in the community is increased.

# Pathways' Housing First Program Outcomes



## Decreasing Institutionalization and Contact with Emergency Services

Prior to enrollment in Housing First, participants experienced a high rate of utilization of services such as inpatient psychiatric hospitalization, incarceration and state-funded motels.

Following enrollment in Housing First, reliance on these other services decreased substantially resulting in significant cost savings for the state.

Housing First On Call service receives 1,000+ on-call contacts per year, diverting calls from crisis screeners and emergency response.

# Pathways' Housing First Program Outcomes

## Before Housing First:



## Housing First Saves Money

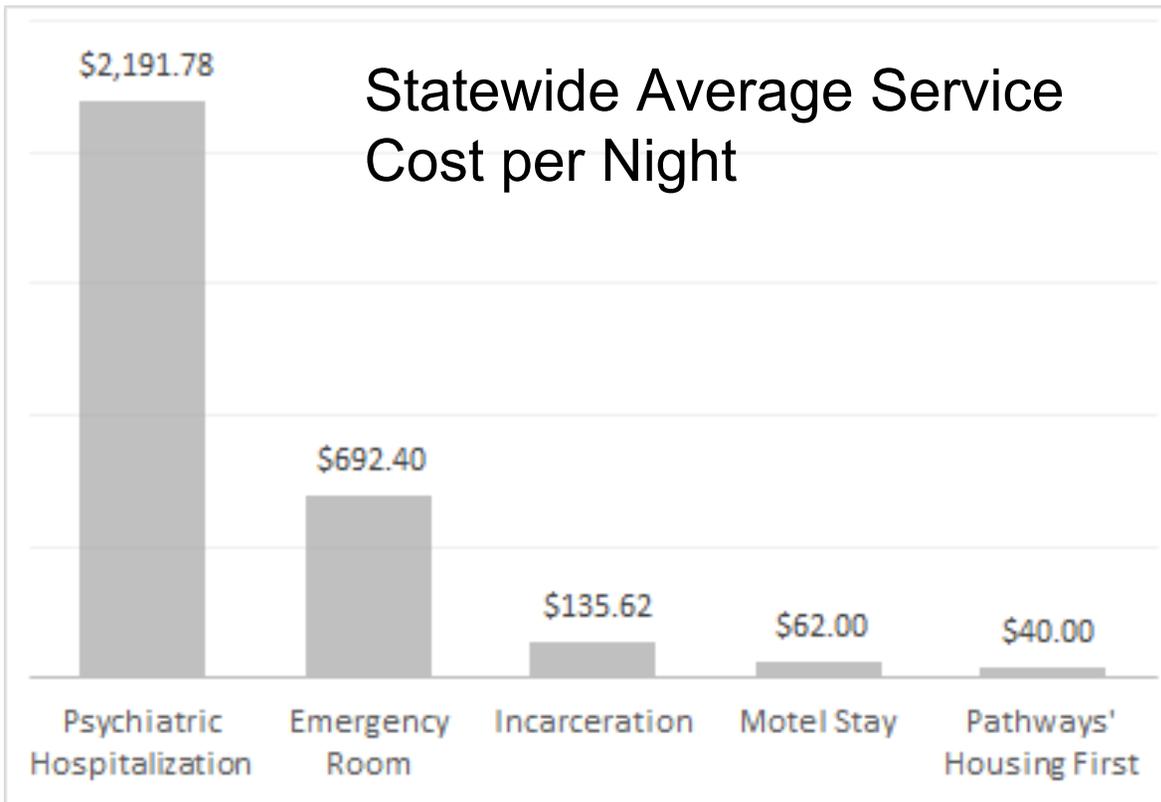
The graphic to the right illustrates a direct comparison of the combined cost of service utilization by 129 clients 6 months prior to entering the Housing First program and 6 months after entering the Housing First program.

## With Housing First:



# Pathways' Housing First Program Outcomes

## Statewide Average Service Cost per Night



### **Cost Effective Service Model**

The cost of Housing First services is a fraction of the cost of the services utilized by individuals experiencing chronic homelessness, meaning it is *less expensive to house individuals than it is for them to remain homeless.*

In one month the Housing First program prevents per 100 clients an average of:

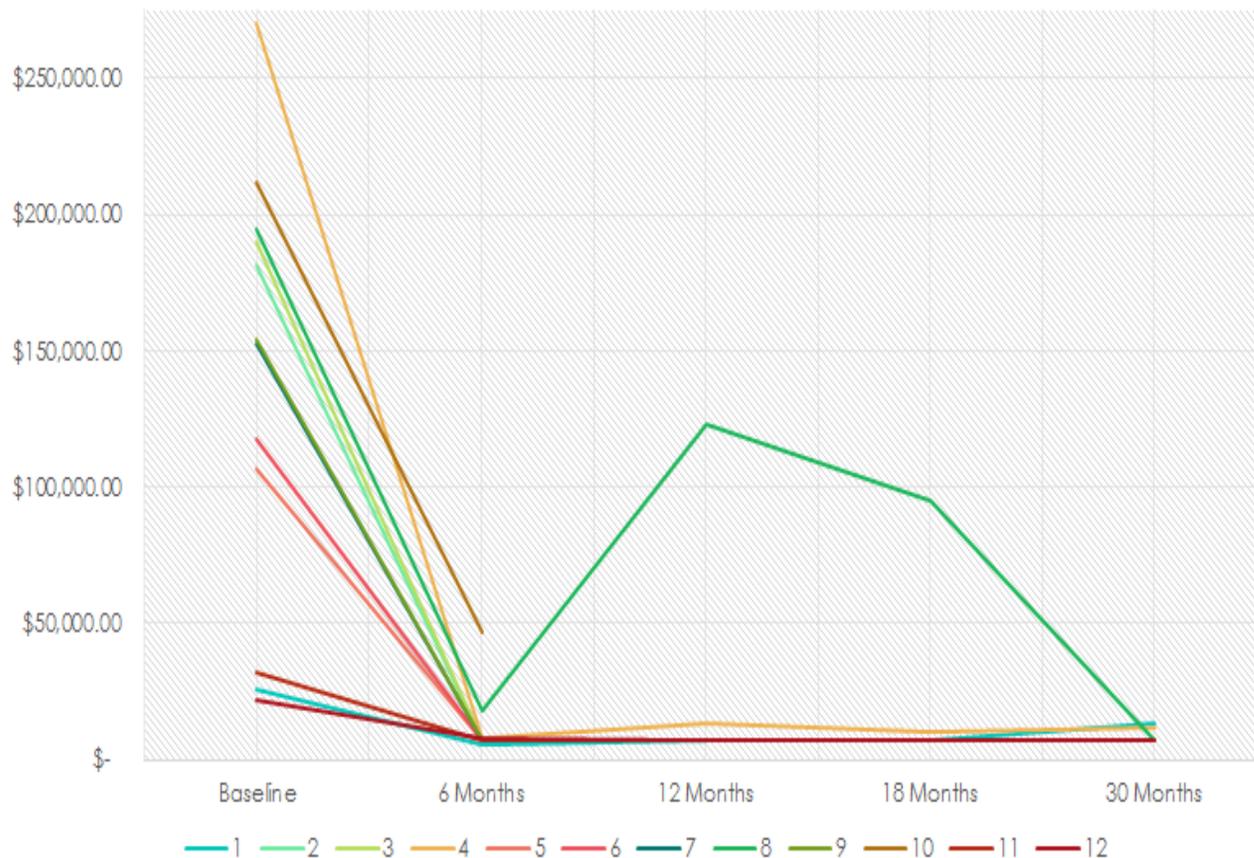
- \$150,000 in inpatient psychiatric hospitalization costs
- \$48,600 in incarceration costs
- \$17,850 in emergency housing costs

\*Sources of average cost - Agency of Human Services, various departments

\*\*Housing costs included

# Pathways' Housing First Program Outcomes

Aggregate Service Cost of 12 Clients Over Time



## Saving Vermont Money

### Actual Costs for 12 Clients:

6-months before Pathways:

- Psych. Hospital: \$1,405,500
- Incarceration: \$71,451
- State-Funded Hotel: \$24,056
- TOTAL: \$1,501,007

6-months with Pathways:

- Psych. Hospital: \$40,500
- Incarceration: \$765
- State-Funded Hotel: \$15,624
- Pathways' Services: \$80,280
- Crisis Respite: \$5,384
- TOTAL: \$142,553

**6-Month Savings: \$1,358,454**

# Pathways' Housing First Program Outcomes

## Serving the Unserved and Difficult-to-House

- 70% of clients live with psychiatric disability
- 50% struggle with substance use
- 90% have history of trauma
- No program refusals based on active substance use, criminal history, poor credit, lack of income, repeat hospitalizations or hoarding
- 700 program referrals in 3 years
- 28 Seriously Functionally Impaired (SFI) clients served *without additional funding*
- 650+ monthly in-person, community contacts
- 40+ monthly psychiatrist services



# *Pathways' Housing First* Program Outcomes

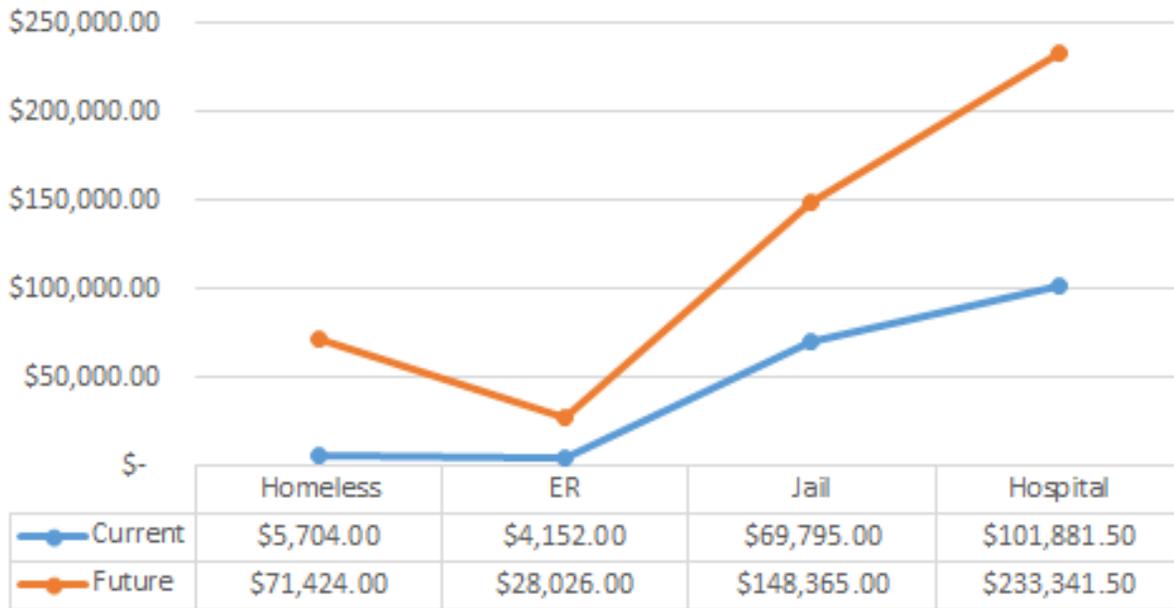
## **Supporting Self-Sufficiency**

- 99.5% maintained or increased income
  - 20 gained employment
  - 29 received or applying for social security benefits
- 98% secured adequate medical insurance
- 90 gained computer literacy skills through Pathways' Computer Project
- General increases in everyday functioning, general well-being and improved orientation towards employment and recovery.

"I'm living my  
dreams and  
completing my  
dreams.  
It's a very big  
blessing to  
me."  
-Sid B.

# Pathways' Housing First Program Future

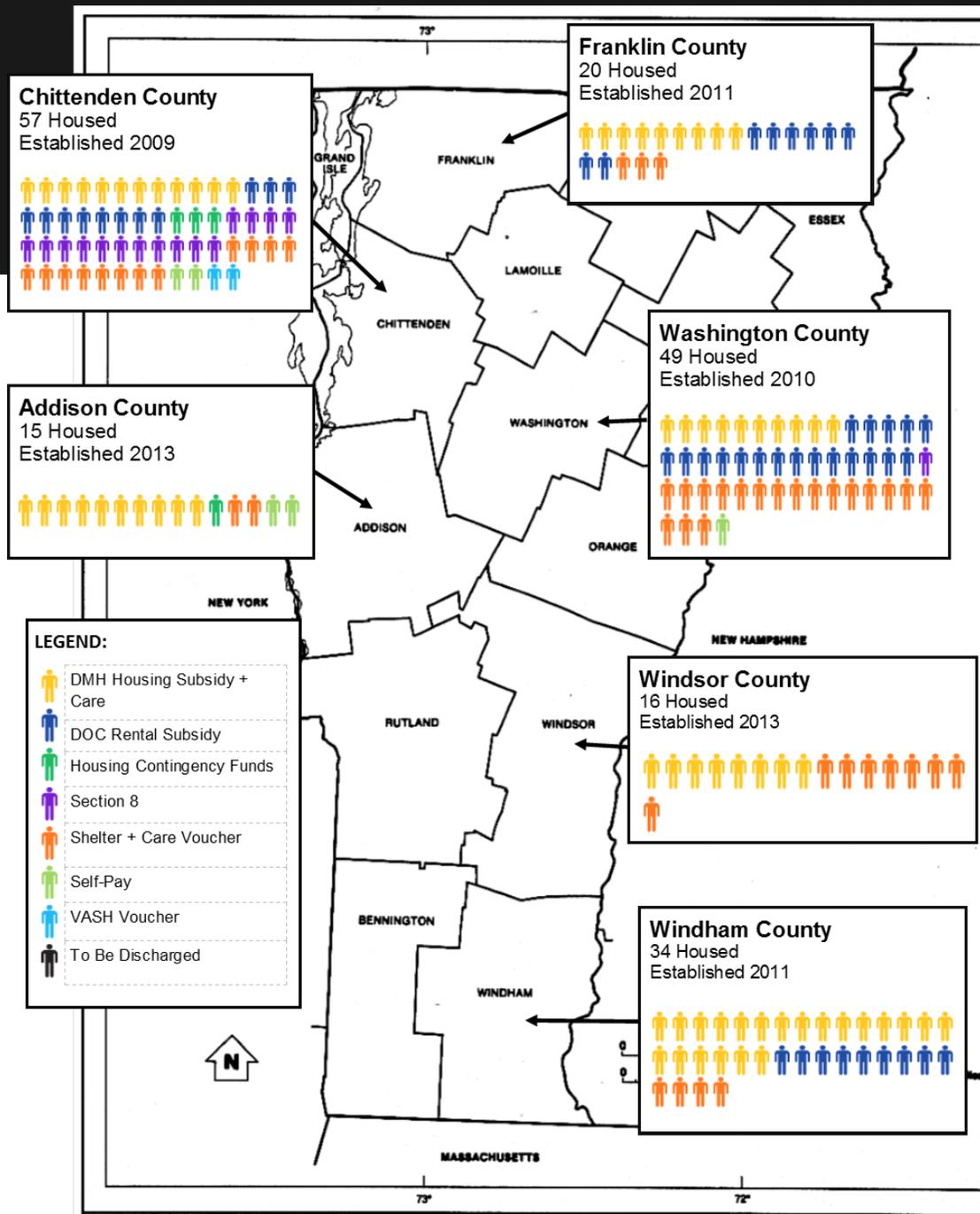
Projected Cost Change in 30 Days Without Pathways



Cost Increase - 1 year Without Pathways

Emergency Room	\$286,488
Homeless	\$788,640
Jail	\$942,840
Hospital	\$1,577,520
<b>TOTAL</b>	<b>\$3,595,488</b>

# Pathways' Housing Funding



Source	Housing Funding Type	Number
State	Mental Health Vouchers (Subsidy & Care)	70
State	Mental Health CRT Housing Support Fund	4
State	Department of Corrections	47
Federal	Section 8	16
Federal	Shelter + Care	47
Federal	VASH vouchers (Veterans Administration)	2
Other	Family/Self-Pay	5
Other	In Progress	10
	<b>TOTAL</b>	<b>201</b>

**201 persons are at risk of losing housing if services through Pathways are lost.**