

SASH Panel Overview



North Barre Manor
Barre, VT

SASH Partners



Opened in
July 2012

SASH Participants

69

Includes

52%

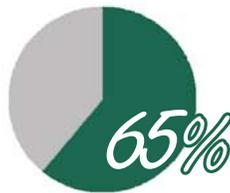
Community Participants

SASH Coordinators

Kelly McDonald, North Barre Manor
kmcDonald@downstreet.org
ph 802.343-2219

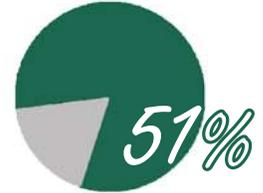
Bonnie Parry, North Barre Manor
bonnie@barrehousing.org
ph 802.461-2546

Proactive Measures



Participants with hypertension

Services offered: Monthly blood pressures clinics that include diet education



Participants with falls

Programs offered: A Matter of Balance and RSVP Bone Builders

Services & Activities

Foot Clinics,
Exercise programming
RSVP Bone Builders
A Matter of Balance
Better Balance

Chair Dancing

File of Life

Arts and Crafts

Navigating medicare

Falls prevention

Tai Chi



Community Connections

- Barre Senior Center
- Gallery
- GMTA



The North Barre Manor SASH Team is proud of the participant to participant and SASH Coordinator to participant relationships they have established. They have seen people step-up to help those in need to talk about and recommend SASH.

Building Relationships

Success Story

A SASH Participant came to North Barre manor in 2013 after planning to move to another location with her husband of many years. He was already disabled at the time. Right before their planned move her husband became very ill and needed a nursing home. Unfortunately our SASH participant had already sold all of her belongings and now had no place to live.

She came to North Barre Manor, where her son was already living, and slept in his apartment for several days. She was without any of her belongings and very much missing her husband; emotionally it was too much for her.

In her time of grief, she called WCMHS screeners and ask for help. She was screened and admitted into CVMC psychological treatment wing. Thankfully she was already signed up for SASH so the North Barre Manor SASH Coordinator was able to meet with the medical team at the hospital and put into please counseling and other support she was able to move into her own apartment at North Barre Manor.

It did not take this participant long to settle into her new home. Her outlook continued to improve, and she was able to drive to the nursing home every day to visit her husband. He recently passed away but after calling to check on the participant, our SASH coordinator was assured by the participant it was best for her husband and she'd be alright as she had formed a strong social network at the Manor.