



**Board of Allied Mental Health Practitioners**  
**Office of Professional Regulation, Vermont Secretary of State**

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UNAPPROVED MINUTES OF THE  
VERMONT BOARD OF ALLIED MENTAL HEALTH PRACTITIONERS  
MAY 20, 2021 REMOTE MEETING

Board members Present: Tammy Austin, Lynn Irwin, Carol Smith, and Shawn Waldron  
Office Staff Present: Lauren Laymen, Gabe Gilman, Kara Shangraw, and Elizabeth Kneen  
Others Present: Robert Backus, Claudia Lingertat-Putnam, and Amanda Addeo

1. The meeting was called to order at 9:10 a.m.
2. Ms. Smith moved, seconded by Mr. Waldron, to approve the minutes as written.  
Approved.
3. Hearing  
  
2021-34 – Amanda Addeo – A Preliminary Denial Hearing was heard. Based on information, the Board went into deliberative session at 11:37 a.m. and out at 12:02 p.m. A written decision will be sent.
4. Applications  
  
Mr. Irwin moved, seconded by Mr. Waldron, to approve the following actions for these applications:  
  
Bowman, Philip – Education – Additional information is needed.  
  
Delappe, Rise – MFT - Traditional endorsement from California. The Board found that LMFT licensing requirements in California are not substantially equivalent to Vermont's LMFT licensing requirements. Endorsement denied. Applicant may apply through examination.  
  
Distler, Rachel – Traditional endorsement from Massachusetts. The Board found that LMHC requirements in Massachusetts are not substantially equivalent to those of Vermont. She can apply on the 3-year licensure track.  
  
Ghalamzan, Momtaz – tabled until June Board meeting  
  
Oakley Ogden, Sarah – Traditional endorsement from Colorado. The Board found that LPC licensing requirements in Colorado are not substantially equivalent to Vermont's LCMHC licensing requirements. Endorsement denied. Applicant may apply through examination.  
  
Stevens, Catherine – Traditional endorsement from Massachusetts or Maine. The Board found that LMHC licensing requirements in Maine are substantially equivalent to Vermont's LCMHC licensing requirements. Endorsement approved.

Govendo, Lara – tabled until June Board meeting

5. Other

- a. The Board reviewed Leora Black's emails regarding internship and practicum hours. The Board will keep these ideas in mind as remote and telehealth practice laws evolve.

- b. Discussion on the pros and cons of remote supervision beyond pandemic – Tabled until the Board's June meeting.

- c. Jurisprudence exam review – Tabled until the Board's June meeting.

- d. Review Memorandum of Understandings for NVU-Johnson, SNHU and St. Michael's College:

NVU-Johnson – Ms. Smith moved, seconded by Mr. Irwin to approve the MOU. Approved.

SNHU – Ms. Smith moved, seconded by Mr. Irwin to approve the MOU. Approved.

St. Michael's College – Mr. Irwin moved, seconded by Mr. Waldron to approve the MOU. Approved.

- e. Legislative Update

Telehealth Taskforce Delegate – Attorney Layman explained the time commitment and what is needed for this. Mr. Irwin moved, seconded by Mr. Waldron, to appoint Ms. Austin to be the Board's delegate to the Telehealth Taskforce with Ms. Smith as backup. Approved.

- f. Ms. Austin notified the Board that the NBCC meeting is upcoming in August. The Office will advise on travel allowances at the Board's next meeting.

- g. The Board's next meeting is scheduled for June 17, 2021.

6. The Board adjourned at 1:51 p.m.