

address it to Beth Rusnock, who is president of the foundation.

March 2014

National Life Group Community Foundation  
One National Life Drive  
Montpelier, VT 05609

RE: Grant application by Central Vermont Home Health and Hospice

This letter is offered in support of Central Vermont Home Health and Hospice's letter of interest for a grant for its Telehealth Program. I understand that this program received grant funding from NLGCF in 2012 and is worthy for serious consideration again in 2014.

I am very involved with health care reform in Vermont and am aware of the benefits of the Telehealth Program carried out by CVHHH. Monitors which are placed in the homes of clients are able to convey blood pressure, glucose levels, oxygen levels and weight to a central Telemonitoring Nursing station at CVHHH's offices in Berlin. The nurse is then able to immediately review the readings and contact the client by phone to re-check any anomalies and even contact the client's Primary Care Physician to advise of any readings of concern to the client's health.

Hospitalization rates are below the State and National averages for these patients and overall costs to the health care system are often reduced. Furthermore, patient behavior related to decisions about diet and exercise, for example, have been demonstrated to be improved, as the patients embrace more personal accountability, especially in the comfort and privacy of their own homes. I am also aware that the nonprofit Home Health Industry is working with our State Legislature and Congressional Delegation to address reimbursement for this important program, which does not now exist.

Technology continues to develop in this arena and funding from the National Life Group Community Foundation will help CVHHH update and continue this significantly important service.

Sincerely,

Phil Scott  
Lt. Governor, State of Vermont