

**From:** ramonc@qhconcepts.com  
**Sent:** Friday, January 22, 2016 12:14 PM  
**To:** Chen, Harry  
**CC:** Allen, Susan; Mark Stephens; Skovira, Mary; S. Randall  
**Subject:** RE: Online pain mgmt. CME discussed with Governor

Dear Harry & Sue:

So you can check them out, here's the link and password to the pain management CME course that QHC produced for State Fund, California's largest workers' compensation insurance plan:

<http://www.healthcare-courses.com/statefund/>  
password: statefundmpn

The first module covers the basics of pain and opioid treatment and puts forward the 2014 State Fund guidelines for initial opioid prescribing. It emphasizes improved patient function as the goal of pain treatment. Were we collaborating on a Vermont version, I expect that we would be updating the guidelines in light of developing opioid prescribing research. QHC is adapting the first module for use by the San Francisco Health Plan, the plan in which most San Franciscans eligible for Medicaid are enrolled.

The second module puts forward the 2014 State Fund policy for long-term opioid prescriptions. It was constructed given State Fund's 2014 policies on payment for alternative treatments. The scenarios were scripted under the oversight of State Fund's medical director and could be revised.

FYI: for the California Health Care Foundation, QHC is producing an online CE course for California's pharmacists on when, how, and when not to dispense opioids. The content is being developed in conjunction with a panel from public and private health plans, pharmacy schools, pharmacies, and community opioid safety coalitions.

Mark Stephens, who puts these QHC courses online, and I could join you by conference call on:

1/25, Monday anytime except 1-2 PM, (EST)  
1/28, Thursday 11 AM – 2 PM (EST)  
1/29, Friday 11 AM – 2 PM (EST)  
2/1, Monday anytime before 3 PM (EST)

Please have Mary let us know what would be convenient for you.

Thanks,

Ramon

Ramon Castellblanch  
President, Quality Healthcare Concepts

Public Member, California Board of Pharmacy  
Professor, Health Education, San Francisco State

----- Original Message -----

Subject: Re: Online pain mgmt. CME discussed with Governor  
From: "Chen, Harry" <[Harry.Chen@vermont.gov](mailto:Harry.Chen@vermont.gov)>  
Date: Thu, January 21, 2016 12:02 pm  
To: "[ramonc@qhconcepts.com](mailto:ramonc@qhconcepts.com)" <[ramonc@qhconcepts.com](mailto:ramonc@qhconcepts.com)>  
Cc: "Allen, Susan" <[Susan.Allen@vermont.gov](mailto:Susan.Allen@vermont.gov)>, Mark Stephens  
<[Mark.R.Stephens@comcast.net](mailto:Mark.R.Stephens@comcast.net)>, "Skovira, Mary"  
<[Mary.Skovira@vermont.gov](mailto:Mary.Skovira@vermont.gov)>

Mary can help schedule. Can you send me some background? How many hours?  
Can I take it to assess?

Sent from my iPhone

On Jan 21, 2016, at 2:01 PM, "[ramonc@qhconcepts.com](mailto:ramonc@qhconcepts.com)"  
<[ramonc@qhconcepts.com](mailto:ramonc@qhconcepts.com)> wrote:

Sue & Harry:

Could you give me a couple of good times to give one or both of you an overview of the online pain management CME course that Sue and I discussed with Gov. Shumlin? With a half hour, we can show you what we're doing with either the prescribers in California's workers comp system or in our Medicaid system. The courses strongly support the messages prescribers are getting from management to prescribe opioids more cautiously and consider alternative treatments. Feedback from the thousand physician who took the older workers comp course was highly positive.

Thanks,

Ramon

Ramon Castellblanch  
President, Quality Healthcare Concepts

Public Member, California Board of Pharmacy

Professor, Health Education, San Francisco State

----- Original Message -----

Subject: Online pain mgmt. CME discussed with Governor

From: <[ramonc@qhconcepts.com](mailto:ramonc@qhconcepts.com)>

Date: Mon, November 30, 2015 1:10 pm

To: "Susan Allen" <[susan.allen@state.vt.us](mailto:susan.allen@state.vt.us)>, "Harry Chen"

<[harry.chen@state.vt.us](mailto:harry.chen@state.vt.us)>

Cc: "Mark Stephens" <[Mark.R.Stephens@comcast.net](mailto:Mark.R.Stephens@comcast.net)>

Sue & Harry:

Could you give me a couple of good times to give you an overview of the online pain management CME course that we discussed with Gov. Shumlin? With our MOOC expert, Mark Stephens, on the line, we should be able to do that in a half hour.

Thanks,

Ramon

Ramon Castellblanch  
President, Quality Healthcare Concepts

Public Member, California Board of Pharmacy  
Professor, Health Education, San Francisco State