

February 23, 2019

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To whom it may concern,

Since I have met Frank Wallace, Jr. in 2015 I have seen him improve in many ways. From what he has told me, his mother and other family and friends, I've learned that he has been through some of the worst extremes. From years of abuse as a child, misdiagnoses, being over-medicated, loss of his pride & joy and his body giving out on him, he has every reason to hold his head up high with how he has come through so much and be the man you see today.

At the time in his life when he couldn't get much lower or take much more, he asked COA to help and they have not only not let him down but with their help has been able to rehabilitate himself from medications that kept him down and allowed others to take full advantage of him. He and COA are a fine example to any elder that needs all-around help or minimal help to manage their life. Of course this help does not come cheap.

I like the fact that the people I have met at COA have been straight forward and supported Franks' independence, choice of his options and respect, and Frank would allow no less than this as well. Their support has been essential to Franks continuing improvement with knowing that they are just a phone call away.

Thank you for reading my letter and I pray that things will improve for us all in the near future.

Yours sincerely,

Vallorreta Cole