

Graduate Programs in Counseling at NVU

- ▶ MS in Clinical Mental Health Counseling, Weekend Format (Williston & more)
 - ▶ Integrated approach to Mental Health & Substance Use Disorder Counseling
 - ▶ Children, Youth & Families
 - ▶ Adults
- ▶ MA in Counseling, on campus at JSC, variety of course structures:
 - ▶ Clinical Mental Health
 - ▶ Addictions
 - ▶ School
 - ▶ General

MS in Clinical Mental Health History

- ▶ Started from a Workforce Development Initiative in the 1990s
- ▶ Scholarships to recruit new students into the workforce and support current workforce:
 - ▶ Direct service providers
 - ▶ Peers
 - ▶ Family
- ▶ Integration of Evidence-based and Promising Practices

MS in CMH – Weekend Format

- ▶ **State-of-the-Art Practice:**
 - ▶ Mission: Promote Community Wellness, Recovery & Resilience
 - ▶ Integrated Approach to Mental Health & SUD Counseling
 - ▶ Specializations: Children, Youth & Families ; Adults
 - ▶ Leadership & Systems Change
 - ▶ Public & Private Practice Settings
- ▶ **Faculty: Vermont & national expertise**
- ▶ **Connection to State Workforce Development**

M.S. in Clinical MH Counseling

- ▶ Accessible:
 - ▶ Cohort Model (Community of Learners)
 - ▶ Classes meet One-Weekend-A-Month
 - ▶ Statewide Access: Zoom and Face-to-Face
 - ▶ Most Classes run for 2 months; One course at a time
 - ▶ Alignment with NVU MA & with Castleton School Psychology
- ▶ LCMHC: Meets the Educational Requirements in VT
(and most for LADC)
- ▶ Faculty: Vermont & National Practitioners & Scholars
- ▶ Strong Alumni Networks

MS in Clinical MH Counseling

(It's still Graduate School)

- ▶ 63 Credits
- ▶ 700 hours of Practicum and Internship
- ▶ 3-3.5 years to complete
- ▶ Cost:
 - ▶ Tuition: $\$629/\text{credit} * 63 = \$39,627$
 - ▶ Fees: \$904
 - ▶ Books: \$200+/class
- ▶ Financial Aid: At the Graduate level = **Loans**

Impact

NVU Graduate Programs in Counseling (MA-CSL & MS CMH)

- ▶ 25+ years in VT
- ▶ 200+ students per year (100 in each program)
- ▶ Working adults
- ▶ Vermonters
- ▶ Current & Future Workforce

Impact

M.S. in Clinical MH Counseling

- ▶ 20 VT Cohorts (400-500 Students & Alumni) (M.S. alone)
- ▶ Clinical & Program Leadership
- ▶ Alumni Survey:
 - ▶ 86% currently working in the field
 - ▶ 85% licensed or progressing towards it
 - ▶ high level of satisfaction from alumni, site supervisors & employers

Impact of the Scholarships

- ▶ Early Scholarships:
 - ▶ creating a strong resource in VT
 - ▶ career path to the MH Workforce
 - ▶ supporting career growth for direct service providers, including peers, family members & the community

Today's Impact

Critical Occupations Scholarships

- ▶ Historically: M.S: New Cohort of 25 students per year
- ▶ 50 new students in the M.S. alone in 2021-22 year; 42 since January
- ▶ Across the MA & MS: 124 scholarship recipients to date; at least 25 more eligible
- ▶ Student Profile:
 - ▶ **Current Workforce**
Workforce scholarships & Loan Repayment work in tandem for Retention)
 - ▶ **New to the Workforce:**
Applicants have wanted to pursue Counseling degrees
 - ▶ **Need:** Mental Health, Substance Use Disorder, School MH
- ▶ Critical Occupations scholarships cover out-of-pocket costs

Other NVU Initiatives

- ▶ Additional Workforce Initiatives
 - ▶ Center for Professional Studies; Learning & Working programs
 - ▶ VCPI
- ▶ Career Pathways from Undergraduate
 - ▶ Bridge Program
 - ▶ Courses: Intro to Community MH; Psychology of Addictions
 - ▶ Exploring pathways to certifications (e.g., ADC Apprentice)
- ▶ Open to further collaboration

Retention

- ▶ Support for our Community System of Care
 - ▶ Infrastructure
 - ▶ Medicaid Rate Increases
 - ▶ COLAs
- ▶ Support to grow the Peer and Recovery Workforce
- ▶ Attention to Cross-System Needs: e.g., Mental Health, Substance Use Disorders, School Mental Health
- ▶ Thank you for funding Critical Occupations Scholarships in next year's budget!



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